



***DEVELOPEMENT AND VALIDATION OF NEW ANALYTICAL TECHNIQUES FOR DETERMINATION OF ANTI-DIABETIC DRUGS: A REVIEW***

**Parvin Shaikh,\* Neelam Singla**

School of Pharmacy, Suresh Gyan Vihar University, Jaipur, India

**Keywords**

Anti-diabetic drugs, diabetes mellitus, analytical techniques, method development, drug analysis, validation.

**Abstract**

Diabetes mellitus, a long-term metabolic illness that affects millions of individuals worldwide, is primarily reliant on the prescription of anti-diabetic medications. As a result, precise identification of these medicines in pharmaceutical products and biological specimens is critical. These analytical approaches are critical in monitoring treatment efficacy, identifying medication interactions, and analysing pharmacokinetic characteristics. Moreover, they are crucial in guaranteeing the quality control of anti-diabetic drugs, both in the course of production and afterwards. The development and validation of analytical techniques for anti-diabetic medications involves multiple stages, such as method optimisation, calibration, and evaluation of sensitivity, selectivity, reliability, and precision. Anti-diabetic drugs have been determined using a range of analytical methods, including the use of high-performance liquid chromatography (HPLC), gas chromatography (GC), & mass spectrometry (MS). Furthermore, technological improvements, such as the combination of things of chromatographic methods with mass spectrometry, have increased both the specificity and sensitivity of pharmaceutical testing. The verification of analytical techniques for anti-diabetic medication

	determination is critical to ensuring that the outcomes obtained are trustworthy and reproducible. In general, the efficient management of diabetes mellitus depends heavily on the development and validation of analytical techniques for the determination of anti-diabetic medicines. This review presents an overview of the recent advancements in the development and validation of analytical techniques for the determination of anti-diabetic drugs.
--	--

## Introduction

Diabetes mellitus, a long-term metabolic illness characterized by raised levels of blood glucose due to insulin insufficiency (Type 1 diabetes) and resistance to insulin (Type 2 diabetes), is a major concern for global health that affects a large number of people worldwide. This condition's frequency has been rising steadily. over the last few years, approaching epidemic proportions and providing significant obstacles for patients and healthcare systems alike. Uncontrolled diabetes has far-reaching consequences that go beyond high blood sugar levels. This syndrome can lead to a variety of consequences, including cardiovascular disease, kidney failure, neuropathy, & retinopathy. Diabetes has far-reaching consequences for both patients and healthcare systems, making it critical to raise knowledge about the condition and promote proactive management techniques,(1). According to predictions, the number of diabetics is predicted to approach 500 million by 2030 and 700 million until 2045. Type 2 diabetes mellitus can be identified by two major characteristics: resistance to insulin in cells and malfunction of the pancreatic insulin-producing cells known as Beta cells.

Diabetes related mortality account for more than 80% of all deaths in countries with low or middle incomes. Maintaining a nutritious diet, engaging in frequent physical activity, maintaining an appropriate weight, and avoiding tobacco use are all significant ways to avoid or prevent the development of type 2 diabetes. While type 1 diabetes requires insulin, type 2 diabetes can be managed by oral medications and may also require insulin. Treatment for diabetes is to maintain blood sugar levels as closely to normal as achievable, which has been found to lower the risk of significant problems associated with both forms of diabetes,(2).As a result, it is critical to maintain good blood sugar control in order to reduce the risk of diabetic consequences such as renal failure, retinopathy, neuropathy, or cardiovascular difficulties. Pharmaceutical analysis is a branch of technology concerned with the methods used to determine the purity, safety, as well as the quality of drugs and

chemicals,(3).Techniques for determining the identification, potency, quality, & purity of novel compounds are included.

It also offers methods for segregating, recognizing, and quantifying the constituents of every specimen. Numerous techniques are being used for analysing anti-diabetic drugs, such as spectrometric techniques, high-pressure liquid chromatography (HPLC), high-performance thin-layer chromatography (HPTLC), liquid chromatography-mass spectrometry (LC-MS), ultra-performance liquid chromatography (UPLC), capillary electrophoresis (CE), gas chromatography-mass spectrometry (GC-MS), as well as liquid chromatography-electrospray ionization/mass spectrometry (LC-ESI/MS). These methods of analysis have been used in diagnostic research,(4). In regulatory labs, Pharmaceuticals, starting materials, and biological specimens are frequently assessed using chromatographic techniques for both quantitative and qualitative goals. These procedures are critical at all phases of drug development, from study to quality control. Analytically, various approaches have been described to determine the existence of the chemical in both pharmaceutical forms and body fluids.

To estimate the concentration of the medication in tablet form, high-performance liquid chromatography (HPLC) techniques were utilized. An analytical process has to show that it is appropriate for its intended purpose, depending to the ICH guidelines. Validation data must now be provided to authorities during the medication development process. The guidelines for analysis technique validation, such as those specified by ICH or USP, have to be followed. The main objective of validating a technique for analysis is to demonstrate that the procedure, if followed correctly, produces findings that are appropriate for its intended use. Certain validation parameters, including discrimination (specificity), linearity, range, reliability, precision & limit of identification, limitation of quantitation, ruggedness, durability, & system adaptability testing, must be taken into account.

Validation is essential since routine quality control testing on a tiny amount size cannot ensure product satisfaction. It guarantees that equipment or goods fulfil predefined standards, ensuring consistent quality throughout batches. Retrospective validation aids in the assessment of trends and the resolution of noncompliance. It is often recommended to utilize a mixture of oral hypoglycemic medicines with distinct modes of administration rather than depending entirely on one drug to achieve the desired therapeutic goals and minimize unwanted effects,(5).

### **CLASSICAL ANALYTICAL TECHNIQUES FOR ANTI-DIABETIC DRUGS**

The classical Anti-diabetic drug analytical techniques include:

1. High-Performance Liquid Chromatography (HPLC)
2. Gas Chromatography (GC)

3. Spectroscopic Techniques such as UV-Vis, FTIR, and Raman

4. Electrochemical Methods

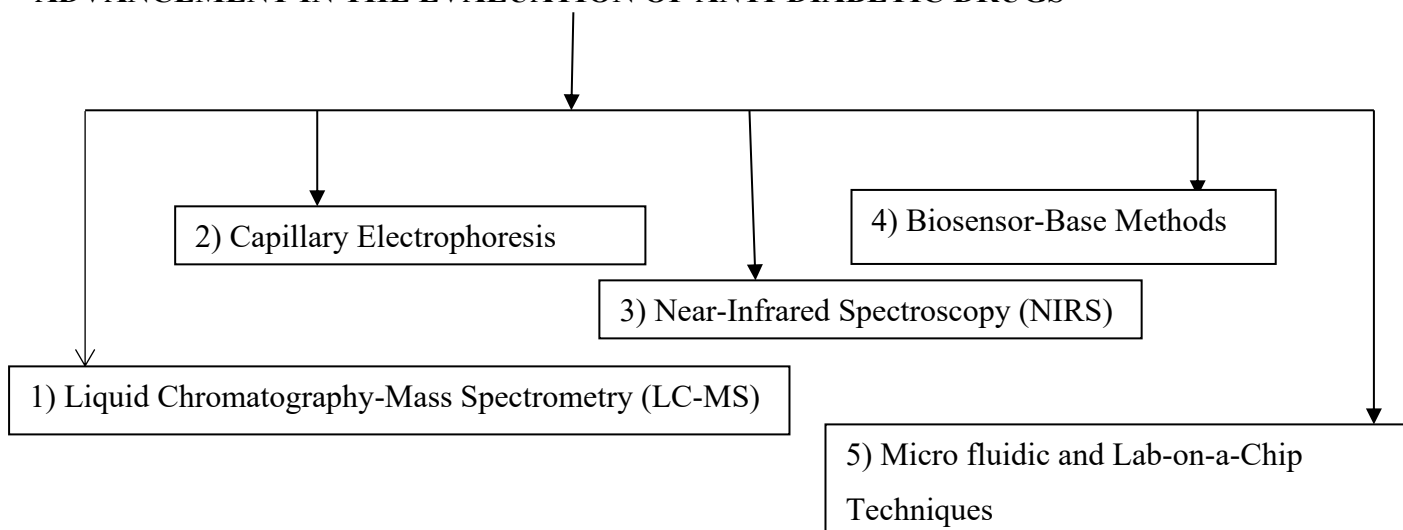
5. Mass Spectrometry (MS)

Classical Analytical Methods for Anti-diabetic Drugs include a variety of approaches that are essential for precise and trustworthy evaluation of drugs. High-Performance Liquid Chromatography sticks out as an effective instrument for pharmaceutical analysis among these approaches. Because of its high resolution and sensitivity, HPLC is an excellent choice for separating and measuring complicated mixtures. The HPLC method has undergone a few modifications to enable a more effective analysis of anti-diabetic medications.

In addition, Gas Chromatography provides extensively used technology in drug analysis. GC is especially beneficial for volatile chemicals since it enables efficient separation and identification of analytes. Spectroscopic methods including UV-Vis, FTIR, & Raman spectroscopy are critical in the identification and description of anti-diabetic medicines. These techniques provide useful information regarding the chemical makeup, structure, and functional categories of medicines. Developed and validated a basic, cost-effective, & accurate UV spectrophotometric technique for quantifying Metformin hydrochloride in bulk and tablet dosage form. Modern ecofriendly, green statistical analysis UV spectroscopic procedures for the finding of recently authorized remogliflozin elaborate & metformin HCl tablets have been validated.

The creation of basic UV derivative spectroscopic & speedy RP-HPLC procedures for their simultaneous identification has been studied for the measurement of the same pharmaceuticals. Furthermore, Electrochemical Methods provide a novel method for investigating the electroactive characteristics of anti-diabetic medicines. In order to characterize the chemicals of interest, these approaches entail measuring current or potential. Mass Spectrometry constitutes a critical tool in drug analysis. MS offers crucial information about the drug molecules' molecular weight & fragmentation pattern, enabling for fast identification and quantification. Metformin, gliclazide, Alogliptin Benzoate, Ertugliflozin, Sitagliptin, empagliflozin, miglitol, Pioglitazone Hydrochloride, Saxagliptin, Remogliflozin, linagliptin, and other anti-diabetic medications have already been analyzed using these traditional approaches,(6).

## ADVANCEMENT IN THE EVALUATION OF ANTI-DIABETIC DRUGS



These techniques have transformed studies on diabetes that have been critical in the creation of new and enhanced anti-diabetic medicines. Among the methods most widely employed for analysing anti-diabetic medicines is liquid chromatography-mass spectrometry. It has a high sensitivity, selectivity, or accuracy, resulting in an excellent choice for quantifying and identifying these substances in biological samples. LC-MS has proven to be especially useful in researching the pharmacodynamics and of diabetes medicines, providing vital insights into their mode of operation and metabolic pathways, (7). Ertugliflozin & Sitagliptin are analyzed using a highly sensitive, precise, & accurate (LC-MS/MS) technology.

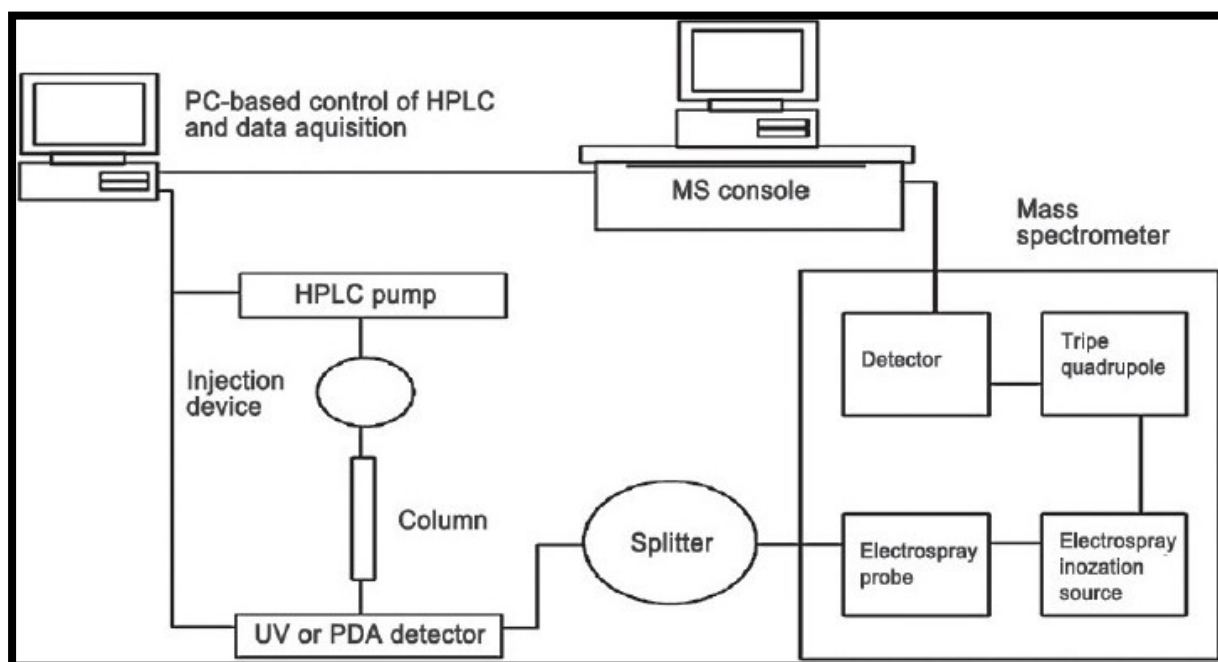
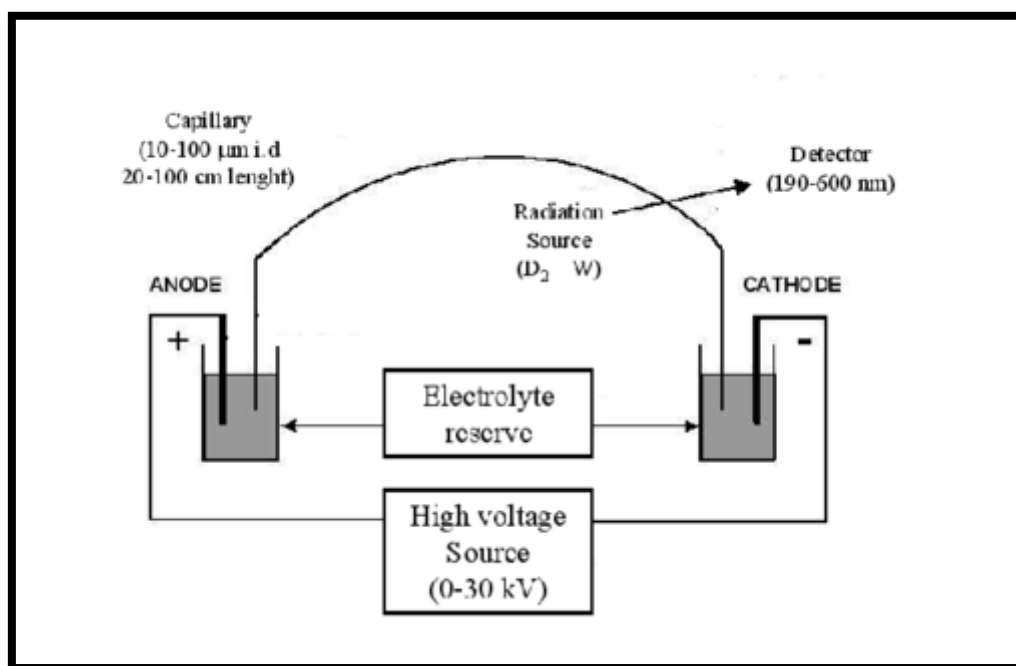


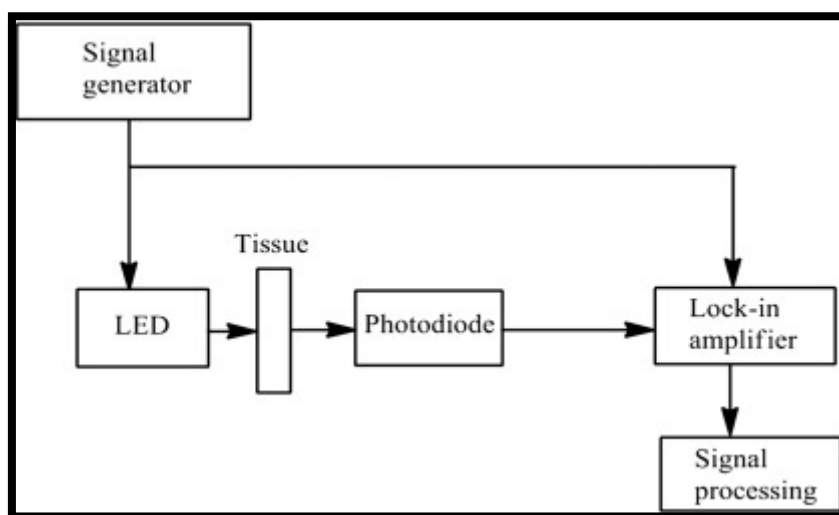
Fig. 1 LC-MS (8).

Another analytical approach that has increased favour in the evaluation of anti-diabetics is capillary electrophoresis. CE has high the effectiveness of separation and resolution, thus rendering it ideal for analyzing complex combinations of medicines and metabolites. Its great sensitivity and capacity to analyze small sample quantities make it an appealing alternative for examining the pharmacokinetics and availability of anti-diabetic medications. For the examination in metformin hydrochloride in tablets formulation, a simple and stability suggesting capillary electrophoresis technique was devised and validated.



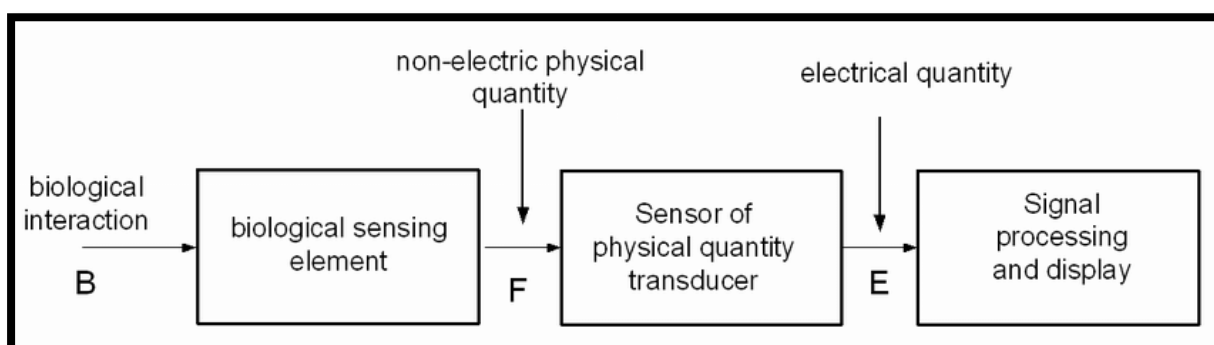
**Fig. 2 Capillary Electrophoresis (9).**

Near-Infrared Spectroscopy (NIRS) represents a non-invasive and quick technology frequently employed in the investigation of anti-diabetic drugs,(10). It utilises both the absorption and scattering characteristics of the near-infrared spectrum to offer information about a sample's molecular makeup NIRS is very beneficial for solid dosage form analysis, as it can swiftly detect the drug concentration and homogeneity of these formulations. Diabetes was successfully diagnosed using near-infrared spectra paired with the support vector machine & aquaphotomics. Biosensor-Based Techniques are also establishing themselves as powerful instruments for anti-diabetic medication investigation, (11).



**Fig. 3 NIRS (12).**

Biosensors are analytical instruments that identify and quantify specific analytes using biological recognition components like enzymes or antibodies. They're being looked into for application in detecting several anti-diabetic medicines in biological samples, with great sensitivity and specificity. As technology advances, it will deliver low-cost, sensitive, selective biosensors to supply drug screening in medication compositions and biological specimens. Microfluidic & Lab-on-a-Chip methods are relatively recent analytical methodologies that have received a lot of interest recently. Traditional analytical procedures are miniaturized using these approaches, allowing for the examination of small amounts of material with great throughput and efficiency. Continuous flow microfluidics allows for incredibly fast cellular analysis.



**Fig. 4 Biosensor based method (13).**

Furthermore, we can use this technique to generate interconnected tissues to look at the influence of a single medicine on several organs in recently emerging body-on-a-chip techniques,(14).

#### **ANALYTICAL METHOD VALIDATION FOR ANTI-DIABETIC DRUGS**

Validation of analytical methods for anti-diabetic drugs is an essential and indispensable step in guaranteeing the dependability, exactness, and regularity of drug analysis. This meticulous

process involves a comprehensive series of experiments and evaluations that are meticulously conducted to illustrate the suitability of the method for its intended purpose. By undertaking the validation process, scientific evidence is obtained, which substantiates the performance characteristics of the method and establishes its appropriateness in accurately determining the presence and concentration of anti-diabetic drugs.

Through this rigorous validation procedure, the reliability and trustworthiness of the analytical method employed in anti-diabetic drug analysis is ensured, ultimately facilitating effective and precise drug evaluation. The method validation involves assessing various parameters to evaluate the performance of analytical method. These characteristics include robustness, accuracy, precision, range, specificity, and linearity, among others. (15, 16).

### **1) Specificity and Selectivity**

Specificity guarantees the accuracy of the measurement by ensuring that the method can precisely detect the analyte of interest even in the presence of potential interfering substances. This is crucial to avoid any false readings and ensure reliable results. On the other hand, selectivity is equally important as it confirms that the method can effectively distinguish the analyte from other components present in the sample matrix. By achieving selectivity, the method can accurately quantify the anti-diabetic drug, enabling researchers and healthcare professionals to make informed decisions based on the obtained data. Hence, validation plays a vital role in the analysis of anti-diabetic drugs, providing a solid foundation for reliable research and clinical applications,(17, 18).

### **2) Linearity and Range**

Linearity refers to the relationship between the amount of the analyte and the instrument's response. It is vital for the method to demonstrate a linear response within a defined concentration range. This relationship's linearity permits accurate quantification of various drug concentrations, which is particularly important when analyzing anti-diabetic medications. This rigorous validation process is vital in ensuring the accuracy and effectiveness of analytical methods for anti-diabetic drug analysis,(19).

### **3) Accuracy and Precision**

Accuracy and precision are crucial factors in the field of validation research. When it comes to evaluating the reliability and reproducibility of a method, both accuracy and precision play a significant role. Accuracy refers to how closely the measured values align with the true value or an accepted reference value. Conversely, though, precision assesses the method's repeatability and intermediate precision,(20). By understanding and analyzing these two parameters, researchers can ensure that their validation process is robust and reliable, yielding accurate and precise results. Therefore, it is imperative for professionals engaged in



validation research to prioritize accuracy and precision to enhance the credibility and trustworthiness of their findings,(21).

#### **4) Robustness and Stability**

Validation plays a crucial role in assessing the robustness and stability of a method. When it comes to robustness, validation evaluates the method's ability to withstand small variations in parameters and experimental conditions without compromising the accuracy of the results. This ensures that the method can handle real-world scenarios where minor deviations might occur. On the other hand, stability studies are an essential part of the validation process as they determine the method's reliability over an extended period. These studies take into account factors such as sample storage conditions and analysis time frames to ensure that the method consistently provides accurate and consistent results,(22,23).

#### **5) System suitability and Quality control**

System suitability tests are performed to validate that the analytical system operates within the defined parameters. These tests encompass various critical parameters such as resolution, tailing factor, peak symmetry, and retention time, which need to be meticulously monitored. By conducting these tests, researchers can verify the suitability of the system for the intended analysis. In addition to system suitability tests, quality control measures are also essential for guaranteeing the accuracy and reliability of the analytical method,(24, 25).

The use of appropriate reference standards, internal standards, and calibration curves is imperative in this regard. Reference standards help establish the identity, purity, and potency of the anti-diabetic compounds being analysed. Internal standards, on the other hand, aid in monitoring and correcting variances during the analysis process. Calibration curves, which are constructed using known concentrations of analytes, enable researchers to determine the concentration of unknown samples accurately. By meticulously adhering to system suitability tests and implementing quality control measures, researchers can be confident in the validity and reliability of their analytical methods for anti-diabetic analysis. This research-driven approach ensures that accurate and precise results are obtained, which is of utmost importance in the field of anti-diabetics,(26).

#### **FUTURE PROSPECTIVE AND CONCLUSION**

The future of analytical techniques for determining anti-diabetic drugs holds immense promise and potential. With the relentless pursuit of innovation and advancement, researchers are continuously exploring new avenues to improve the analysis and validation of these crucial medications. By embracing miniaturization, automation, and multidimensional approaches, the field of diabetes analysis is poised to witness remarkable progress.

Miniaturized systems and lab-on-a-chip technologies are set to revolutionize point-of-care testing and personalized medicine. These ground-breaking advancements will not only enhance the efficiency and accuracy of drug analysis but also enable healthcare professionals to provide timely and tailored Options for diabetes patients to receive treatment. Such advancements in technology will empower patients to take charge of their health, ultimately leading to improved outcomes.

Furthermore, the integration of multiple techniques and the utilization of advanced data analysis and AI algorithms will play a pivotal role in method development and interpretation of results. By harnessing the power of artificial intelligence, researchers will be able to extract meaningful insights from complex data sets, enabling a deeper understanding of anti-diabetic drugs and their effects on patients,(27, 28). This comprehensive approach will pave the way for more precise and effective treatment strategies. In addition to integrating various analytical techniques, the development of novel sensing platforms holds great promise.

Biosensors and nanomaterial-based sensors, with their inherent high sensitivity and portability, will enable real-time monitoring of glucose levels and other relevant parameters. These cutting-edge sensing technologies will not only facilitate accurate and continuous monitoring but also empower individuals to proactively manage their diabetes. In conclusion, the future of analytical techniques for determining anti-diabetic drugs is characterized by innovation, validation, and a steadfast commitment to improving patient outcomes.

Using the Islet-on-a-Chip Microfluidic Model, the Therapeutic Potential of Novel Antidiabetic Compounds is investigated. Science from many different disciplines, including engineering, biotechnology, and transplantation, is being used to cure diabetes. As a result, new therapeutic approaches and preventative measures must be created. We were able to replicate in vivo settings by using flow conditions and Lab-on-a-chip devices (29).

Through miniaturization, automation, multidimensional approaches, and the utilization of advanced data analysis and AI algorithms, researchers are forging a path towards more accurate, personalized, and efficient analysis methods. Moreover, the advent of novel sensing platforms will enable real-time monitoring, empowering individuals to take control of their diabetes management. As we look ahead, it is clear that these advancements will shape the landscape of diabetes analysis, offering new opportunities for improved patient care.

## **References**

1. Attimarad M, Nair AB, Sreeharsha N, Al-Dhubiab BE, Venugopala KN, Shinu PJIjoer, et al. Development and validation of green UV derivative spectrophotometric

methods for simultaneous determination metformin and remogliflozin from formulation: evaluation of greenness. 2021;18(2):448.

2. Naseef H, Moqadi R, Qurt MJJoAMiC. Development and validation of an HPLC method for determination of antidiabetic drug alogliptin benzoate in bulk and tablets. 2018;2018.

3. Attimarad M, Elgorashe REE, Subramaniam R, Islam MM, Venugopala KN, Nagaraja S, et al. Development and validation of rapid RP-HPLC and green second-derivative UV spectroscopic methods for simultaneous quantification of metformin and remogliflozin in formulation using experimental design. 2020;7(4):59.

4. RAMAKRISHNA B, MONDAL SJAJPCR. A review of analytical methods for determination of type-ii antidiabetic drugs in pharmaceuticals and biological matrices. 2021;14(1):69-76.

5. Hamdan I, Jaber AB, Abushoffa AJJop, analysis b. Development and validation of a stability indicating capillary electrophoresis method for the determination of metformin hydrochloride in tablets. 2010;53(5):1254-7.

6. Khoja SS, Patel LJJPRI. Development and validation of new analytical LCMS/MS method for the estimation of antidiabetic drugs Ertugliflozin and sitagliptin in combined pharmaceutical dosage form. 2021;33(30A):194-204.

7. Gummadi S, Thota D, Varri SV, Vaddi P, Rao VLNSJICPJ. Development and validation of UV spectroscopic methods for simultaneous estimation of ciprofloxacin and tinidazole in tablet formulation. 2012;1(10):317-21.

8. Patel, Kalpeshkumar & Jayvadan, Patel & Patel, Manish & Rajput, Dr Ganeshsinh & Patel, Hitesh. (2010). Introduction to hyphenated techniques and their applications in pharmacy. Pharmaceutical methods. 1. 2-13. 10.4103/2229-4708.72222.

9. Locatelli, Marcello. (2010). Advanced Capillary Electrophoresis Techniques in the Analytical Quantification of Drugs, Metabolites and Biomarkers in Biological Samples. Global Journal of Analytical Chemistry. 1. 244-261.

10. Pezzei C, Watschinger M, Huck-Pezzei V, Lau C, Zuo Z, Leung P, et al. Infrared spectroscopic techniques for the non-invasive and rapid quality control of Chinese traditional medicine Si-Wu-Tang. 2016;28:16-21.

11. Okere EE, Arendse E, Nieuwoudt H, Perold WJ, Opara ULJFiPS. Non-destructive evaluation of the quality characteristics of pomegranate kernel oil by fourier transform near-infrared and mid-infrared spectroscopy. 2022;13:867555.

12. Y. Ozaki, T. Genkawa, Y. Futami, Near-Infrared Spectroscopy, Editor(s): John C. Lindon, George E. Tranter, David W. Koppenaal, Encyclopedia of Spectroscopy and

Spectrometry (Third Edition), Academic Press,2017,Pages 40-49, ISBN 9780128032244, <https://doi.org/10.1016/B978-0-12-409547-2.12164-X>.

13. Dado, Stanislav. (2009). Tissue Morphology and Cell Impedance Based Biosensors for Toxicity Testing. MEASUREMENT SCIENCE REVIEW. 9. 10.2478/v10048-009-0017-3.
14. Shahare H, Kothari L, Bhavsar S, Gedam S, Sethiya JJJJoCPR. Non-Destructive Analytical Techniques for Detection of Counterfeit Pharmaceutical Preparations. 2018;9(1):2567-75.
15. Pullano SA, Greco M, Bianco MG, Foti D, Brunetti A, Fiorillo ASJT. Glucose biosensors in clinical practice: Principles, limits and perspectives of currently used devices. 2022;12(2):493.
16. Dhole PV, Dhangar VD, Shejul SD, Gawali BWJA-, CSSP-. A Survey on Hyperspectral Sensing Techniques for Identification of Fake Pharmaceuticals Medicines. 2023:244.
17. Kruve A, Rebane R, Kipper K, Oldekop M-L, Evard H, Herodes K, et al. Tutorial review on validation of liquid chromatography–mass spectrometry methods: Part I. 2015;870:29-44.
18. Boqué R, Maroto A, Riu J, Rius FXJGyA. Validation of analytical methods. 2002;53(1):128-43.
19. Saha A, Makwana C, Manivel PJIJoEAC. QuEChERS-based gas chromatography-electron capture/flame photometric detection method for multi-pesticide residues analysis in *Andrographis paniculata*: a popular Indian medicinal herb. 2020;100(15):1669-90.
20. Petrokofsky G, Kanamaru H, Achard F, Goetz SJ, Joosten H, Holmgren P, et al. Comparison of methods for measuring and assessing carbon stocks and carbon stock changes in terrestrial carbon pools. How do the accuracy and precision of current methods compare? A systematic review protocol. 2012;1:1-21.
21. Taverniers I, De Loose M, Van Bockstaele EJTTiAC. Trends in quality in the analytical laboratory. II. Analytical method validation and quality assurance. 2004;23(8):535-52.
22. Rainieri C, Gargaro D, Fabbrocino G, Maddaloni G, Di Sarno L, Prota A, et al. Shaking table tests for the experimental verification of the effectiveness of an automated modal parameter monitoring system for existing bridges in seismic areas. 2018;25(7):e2165.
23. Meduri MP, Agarwal P, Vimala G, Banu NJWJoPS. The development and validation studies of RP-HPLC method–A review. 2016:85-92.
24. Swartz ME, Krull IS. Analytical method development and validation: CRC press; 2018.

25. Bhavani PG, Devi DAJAJoPA. Development and validation of stability indicating UPLC method for the simultaneous estimation of drugs in combined dosage forms using quality by design approach. 2020;10(3):158-64.
26. Tangri P, Rawat PSJJoDD, Therapeutics. Validation: A critical parameter for quality control of pharmaceuticals. 2012;2(3).
27. Dougherty D, Dunne DDJOS. Digital science and knowledge boundaries in complex innovation. 2012;23(5):1467-84.
28. Alqahtani A. Application of Artificial Intelligence in Discovery and Development of Anticancer and Antidiabetic Therapeutic Agents. *Evid Based Complement Alternat Med.* 2022 Apr 25;2022:6201067. doi: 10.1155/2022/6201067. Retraction in: *Evid Based Complement Alternat Med.* 2023 Aug 9;2023:9782318. PMID: 35509623; PMCID: PMC9060979.
29. Sokolowska P, Jastrzebska E, Dobrzyn A, Brzozka Z. Investigation of the Therapeutic Potential of New Antidiabetic Compounds Using Islet-on-a-Chip Microfluidic Model. *Biosensors.* 2022; 12(5):302. <https://doi.org/10.3390/bios12050302>